

# MODIFIED LAWS FOR U5)

## Law I - The Field:

### A. Dimensions:

The field of play should be rectangular. 50ft X 64ft. The field should be close to these dimensions, however field space may dictate smaller or larger fields. Try to be as close as possible.

### B. Markings:

1. Distinctive lines are necessary, sidelines and end-lines.
2. A halfway line can be marked out across the field or otherwise indicated.
3. Other marks are possible but not necessary for the enjoyment and development of the youngsters.
  - a. A center circle with a five yard radius
  - b. Four corner arcs with a two foot radius

### C. Goals: Goal mouth is 5 ft wide and should be marked by cones if there are no nets.

**Law II- The Ball:** Size 3 ball should be used in practice and games

**Law III- Number of Players:**

- A. Number of players on the field at any time will be 6. Each team with 3.
- B. Substitutions: During any stoppage of play.
- C. Playing time: each player SHALL play a minimum of 50% of the total playing time. (whenever possible)
- D. Teams and games may be co-ed

**Law IV - Players equipment:**

- A. Footwear: Tennis shoes or running shoes. (no cleats allowed)
- B. Shin-guards- Mandatory
- C. Jersey- Supplied by organization. Try to have everyone in the same uniform including socks, and shorts whenever possible.

**Law V- Referee:**

The referee should be 1 coach or parent from each team on the field of play. Their duties would include directing the players to proper movements and encouraging them.

**Law VI - Linesmen:** Not necessary, but parents should be on the sidelines to keep the ball close to the field of play.

**Law VII- Duration of Game:**

- A. To include a longer practice time each day there will be a 30 minute practice
- B. Followed by a game shall be divided into 2 equal halves of 15 minutes.
- C. Snacktime will be at the end of every game as opposed to  $\frac{1}{2}$  time like it has been done in the past.

**Law VIII - The Start of play:**

- A. The start of play shall consist of the visiting team starting with the ball at center.
- B. The second half shall start with the home team starting with the ball at center.
- C. The defending team shall be 5 feet away from the center at any start from center.
- D. The ball may be played forward or backward at the start of any play.

**Law IX - Ball in and out of play:**

- A. Any ball played out of bounds, shall be awarded to the opposite team that put it out of the field of play.
- B. Any ball that goes out of the end lines shall be given to the defender. (no corner kicks)

**Law X - Method of Scoring:**

- A. Goals shall be scored from anywhere on the field, and must cross the goal line between the cones.
- B. The goal being scored may not exceed 4 feet in height. (if no nets are in place)

**Law XI - Off-Side:** There shall be no off-sides.

**Law XII - Fouls and misconduct:** No pushing, hitting, kicking or holding an opponent and No hand balls.

- A. All fouls will result in an indirect free kick with the opponents 10 feet away.
- B. The referee or parent shall explain all infractions

**Law XIII - Free Kick:**

- A. Shall be classified under one heading - INDIRECT
- B. A goal shall not be scored until the ball has been played or touched by a second player of either team.
- C. No kicks shall be taken by the attacking team within the defending teams goal box ( if the goal area is marked off )

**Law XIV - Penalty Kicks:** No penalty kicks shall be taken during these games

**Law XV - Throw-in:** Should be replaced by kick-in.

- Kick-in considered as an indirect free kick with opponents 10 feet away from the ball.

**Law XVI- Goal Kick:**

- A. Goal kicks may be taken within 5 feet of the goal.
- B. Opponents must be at least 10 feet away from the ball.

**Law XVII- Corner kick:** No corner kicks. The ball goes to the defender.

**Recommendations:**

- Opposing parents coaches and players should shake hands after each game
- No alcoholic beverages will be consumed or allowed near the playing area
- You can also use the split fields so that you can have two teams playing at once within a normal sized field.