

MODIFIED LAWS FOR UNDER 6 (U6)

Game Format	Game Duration	Ball Size	Field Size Length	Field Size Width	Goal Size Width
4 vs. 4	2 X 15 min.	3	70 ft.	50 ft.	7 ft.

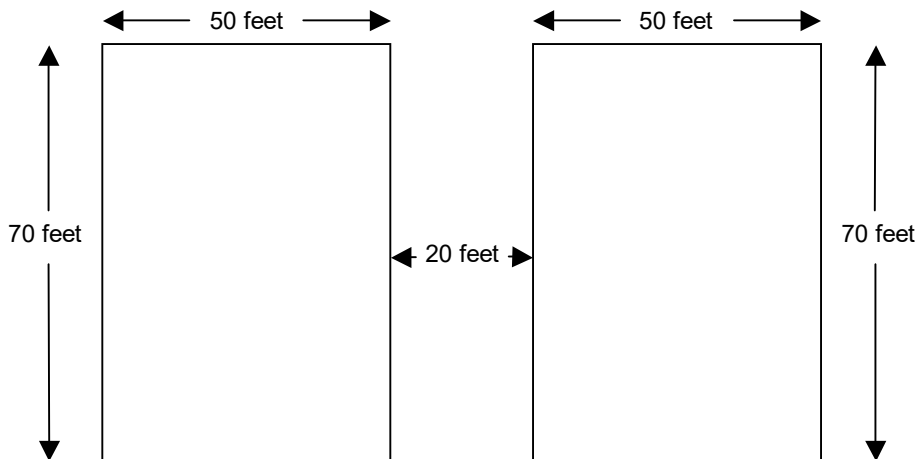
Law I – The Field:

A. Size:

1. The field should split into two mini fields, each mini field should be 70 feet long by 50 feet wide.
2. The mini fields should be placed next to each other along their length, with a space of 20 feet left between the two.

B. Markings:

1. Distinctive lines are necessary, sidelines and end-lines.
2. A halfway line can be marked out across the field or otherwise indicated.
3. Other marks are possible but not necessary:
 - i. A center circle with a five yard radius
 - ii. Four corner arcs with a two foot radius
 - iii. A goal mouth measured around each goal.



C. Goal:

1. The goal should be 7 feet wide and should be marked by flags or pylons.
2. Where feasible, a portable net not exceeding 7 feet in width and 4 feet in height may be used.

Law II- The Ball: A size 3 ball should be used for all games and practice sessions.

Law III- Number of Players:

- A. Number of players on a mini field at any time will be 8, four from each team. With two fields in action at the same time, this allows for eight players from each team to play, and maximizes touches on the ball for players of this age.

- B. The player nearest his or her team’s own net may act as a “sweeper-keeper” and is allowed to pick up the ball with his or her hands when inside the goal mouth area. The goal mouth should be marked by clear lines or flat cones.
- C. Substitutions are allowed during any stoppage in play.
- D. Each player shall play a minimum of 50% of the total playing time, whenever possible.

Law IV – Players equipment:

A. Footwear:

- 1. Acceptable footwear for U6 includes sneakers or indoor soccer shoes. Pictures of acceptable footwear are below:



Regular sneakers



Indoor soccer shoes (two examples)

- 2. SOCCER CLEATS ARE NOT ALLOWED AT THIS AGE GROUP.

- i. Any shoe with permanent or removable studs, or multiple “blade” cleats, is considered unacceptable. Pictures of unacceptable footwear are below:



Studded cleats



Bladed cleats

B. Jerseys should be worn during games, which will be supplied by Mill Woods Soccer.

- 1. In the event that two teams have the same or similar jersey colours, one team should wear pinnies for the duration of the game.

C. Shin guards are mandatory & must be worn during all practices and games.

D. Socks & shorts:

- 1. Socks that cover the entire shin guard must be worn over the shin guards.
- 2. Shorts must be worn, or pants if the weather is cold and/or rainy.
- 3. All players on a team should wear socks & shorts that are the same colour.

Law V- Referee:

The referee should be 1 coach or parent from each team on the field of play. Their duties would include directing the players to proper movements and encouraging them.

Law VI – Linesmen:

Not necessary, but parents should be near the sidelines to keep the ball close to the field of play.

Law VII- Duration of Game:

- A. Each scheduled game between teams starts with 30 minutes of practice, before the actual game commences to allow for a longer practice.
 - 1. Each team will occupy one of the mini fields on the field of play for this purpose.
 - 2. The actual game itself shall start at the end of the practice session, and will be divided into two equal halves of 15 minutes each.
 - 3. Snack time will be at the end of every game as opposed to ½ time as it has been done in the past.

Law VIII – The start of play:

- A. Play will start at the beginning of each half with one team starting with the ball at the centre of the field.
 - 1. The visiting team will start the first half with the ball, and the home team will start the second half with the ball.
 - 2. The defending team shall be 7 feet away from the center at any start from center.
 - 3. The ball may be played in any direction at the start of any play.

Law IX – Ball in and out of play:

- A. Any ball played out of bounds, shall be given to the opposite team that put it out of the field of play. A kick-in will be awarded from the side line (see Law XV).
- B. Any ball that goes out of the back line shall be given to the defender, regardless of which team put it out of play. A goal kick will then be taken by the defending team (see Law XVI).

Law X – Method of Scoring:

- A. Goals shall be scored from anywhere on the field, and must cross the goal line between the cones or flags.
- B. The goal being scored may not exceed 4 feet in height, if no nets are in place.

Law XI – Off-Side: There shall be no off-sides.

Law XII – Fouls and misconduct: No pushing, hitting, kicking or holding an opponent, and no hand balls.

- A. All fouls will result in an indirect free kick with the opponents 10 feet away.
- B. The referee or parent shall explain all infractions.

Law XIII – Free Kick:

- A. All free kicks shall be indirect – a goal cannot be scored until the ball has been touched by a second player of either team.
- B. No kicks shall be taken by the attacking team within 10 feet of the defending team's goal line.

Law XIV – Penalty Kicks: No penalty kicks shall be taken during these games

Law XV – Kick-ins:

- A. All throw-ins shall be replaced by kick-ins, which will be taken from the side line of the field, where the ball went out of play.
- B. A kick-in is considered an indirect free kick, with the opposing team at least 10 feet away from the ball.

Law XVI- Goal Kick:

- A. Goal kicks are to be taken when the ball goes out along the back line of the field.
- B. Goal kicks will be taken within 5 feet of the goal.
- C. The opposing team must be at least 10 feet away from the ball.

Law XVII- Corner kick: No corner kicks. The ball goes to the defender (see Law XVI).

Law XVIII- Post-game cheer:

At the end of the game, each team should gather together, give the other team three cheers, and then line up to shake hands/high five, etc. Each line should end with the coaches.

Law XIV: No alcoholic beverages may be consumed or allowed near the playing field.