



2018 Outdoor Season

U9 – U19 Coaches Information Handout

www.beaumontsoccer.com

Email: admin@beaumontsoccer.com

Phone: Phone: (587) 987-9667

Box #1 4901 - 55 Ave, Beaumont, AB T4X 1M9

Table of Contents

BSA Board Members Contact List	4
Presidents Welcome Message	5
Coaches Checklist	6
Equipment – U9 to U19	6
Helpful Hints for a Successful Parents Meeting	7
2018 Outdoor Season Start Date	10
Refunds and Withdrawals	10
Pictures	10
Additional Costs	10
Vulnerable Sector Check Forms	11
Age Categories and Game Format	11
Field Closures	11
Lightning and BSA Cancellation Policy	12
Practices	14
Bench Requirement	14
Uniforms	14
Jewellery	14
Eye Glasses	15
Head Covering "Hijab"	15
Casts/Splints/Athletic Braces	16
Technical Training	16
Rules of the Game	16
Dispute Resolution	16
	2

Coaches Code of Conduct	17
Player's Code of Conduct	17
Parent's Code of Conduct	18
Guidelines for Fundraising/Sponsorship	18
Dog Policy	19
Smoking and Alcohol	19

BSA Board Members Contact List

For the most up to date listing, refer to <http://www.beaumontsoccer.com/about-us/executive-directors/>

Position	Name	Email Addresses
President	Martin Carnegie	president@beaumontsoccer.com
1 st Vice President	Nathan Netelenbos	vp@beaumontsoccer.com
2 nd Vice President	Martin Matthiesen	2vp@beaumontsoccer.com
Treasurer	Genessa Belzile	treasurer@beaumontsoccer.com
Administrator	Kirsten Nelson	admin@beaumontsoccer.com
Equipment Director	Mike Edge	equipdir@beaumontsoccer.com
Volunteer Director	Bev Smith	volunteerdir@beaumontsoccer.com
IM Director	Rob Brydon	support@beaumontsoccer.com
Secretary	Myndi Fraser	secretary@beaumontsoccer.com
Referee Assignor	Rob Brydon	support@beaumontsoccer.com
Director At Large	Karla Modeste	
Director At Large	Kashmir Gill	
Director At Large	Naomi Gal	
Director At Large	Brielle Melca	
Director At Large	Sarah Miller	
Director At Large	Erin Breen	
Technical Instructor	Eddie Maguire	
Past President	John Stewart	pastpresident@beaumontsoccer.com

Presidents Welcome Message

On behalf of the Beaumont Soccer Association (BSA) Board and Staff, I would like to welcome you to the 2018 Outdoor Soccer Season.

BSA exists to promote, develop and govern the soccer program in Beaumont. We strive to provide for all children and youth in Beaumont the opportunity to enjoy the “beautiful game.” We endeavour to develop all our players, regardless of initial skill, to their full potential as soccer players, encouraging the values of good sportsmanship and of course having fun.

Our Board members are committed to improving our programs so they are more enjoyable for our Players, Coaches and Parents. We are also determined to better manage these programs by increasing efficiencies and accountability to you.

BSA is a community volunteer driven organization. This means with a few exceptions, our program is organized and run by a group dedicated volunteers from Beaumont. We appreciate all our volunteers from Coaches and Managers working directly with the teams to the Board Members working to improve the program and the countless volunteers that help with registration, pre-season camps, inventory, tournaments, equipment, evaluations, and so much more. All these people contribute hundreds of volunteer hours each year to ensure our youth have the opportunity to play soccer. Please show them respect and gratitude, for without these generous volunteers, we would not be able to offer this program. Also, if you are not already involved, please consider volunteering some of your time to make your and all our children’s soccer experience a great one!

We welcome your comments, concerns or suggestions at any time, and if there is a problem, please contact us sooner rather than later, so that we might be able to help you. Feel free to relate them to BSA office at (bsaadmin@beaumontsoccer.com). For more information, I invite you to visit our new website at www.beaumontsoccer.com.

I hope you have a fantastic season!

Martin Carnegie
BSA – President

Coaches Checklist

- Pick up Equipment after coaches meeting
- **Please read this entire handout**
- Call my players to introduce myself before season start or set up mini practice
- Have a parent meeting. Meet with parents and players to review rules and expectations, etc...
- Fill out Coach Info Form and return with Assistant and Managers contact information to the BSA office before season start.

Equipment – U9 to U19

- Older soccer balls sometimes leak air. To re-inflate soccer balls, use a moist valve needle and re-inflate to the appropriate pressure, as listed below.
 - #4 balls – 6-8lbs #5 balls – 8-10lbs
- Valve needles are provided with your equipment.
- Return all of your equipment, including flat or damaged balls, on the scheduled equipment return dates. If you are unable to attend our equipment return dates, please have a trusted member of your team return the equipment on time. Pinnies MUST be washed before they are returned at the end of the season!!
- A good turn out on scheduled date means less work for everyone involved.
- Note: If you require a replacement ball due to damage, contact the Equipment Director at equipdir@beaumontsoccer.com.

Helpful Hints for a Successful Parents Meeting

When you first attend the BSA Coaches meeting and receive your team list you should contact (call or email) each parent within the next few days and introduce yourself and let them know the start date for the season. Please remember to give them YOUR telephone number. The next important step (after picking up your equipment) is to hold a parents' meeting, and that is when you can hand out the players jerseys, that they get to keep after the season is over!

Every BSA Soccer Coach should hold a meeting with all the parents on the team as soon as possible after receiving his/her team. One of the easiest ways to do this is to hold the parents meeting during the very first 'get-together' at a field/park. Introduce yourself to your new players and then throw them a soccer ball and let them play while you meet with the parents. This would be a good place to use your Assistant Coach to run the "practice".

Here are some suggested to points to be covered:

- Introduce yourself. Tell them about your coaching experience and a little about your life – job, family, etc. Talk to them about the BSA philosophy of playing each child equally regardless of their skill level. Let them know that the BSA has made every effort to form these teams of players of relatively equal skill and ability.
- Confirm phone numbers and email addresses from your registration forms. Email is the easiest way to contact the team members, so you'll want to make sure your contact information is correct.
- Advise the parents that it is the belief of Beaumont Soccer that school and homework come before soccer! If a child gets home from school at 3:30 pm, they should make every effort to get their homework done BEFORE a 6:00 pm game. If they wait until after the game (7:00 pm or later), they will simply be too tired. Seek the parents support on this issue! And tell the parents that you WILL send this message to the children often.
- Let them know that you **need** at least 1-2 Assistant Coaches and one Team Manager (if not already done). Explain to them that you simply cannot do the job alone. It is a "team" that includes the parents! Assure them that the Assistant Coaches need not know a lot about the game of soccer, although that would certainly be a bonus. The assistant coaches help to make sure that each child plays equally. Assistant coaches would also

assist with the warm-up prior to games. They may also help supervise the players when they prepare to play. Split fields require 2 coaches!

- The Team Manager would be the ‘go-between’ in the event that someone had trouble speaking with a coach. The Team Manager could prepare a phone list for the team, and be the phoning/email contact person, to take that responsibility off of the coaches shoulders. Registering for tournaments and picture set up can also be done by the Team Manager.
- Explain the BSA policy of playing each child equally. This does not mean that you will have a stop watch and time this to the second. But every effort should be made to play the children equally, and that while winning is important, it is not the primary goal. Advise the parents that your goal as a coach is to have the players improve their soccer skills while having fun. The ONLY exceptions to this are injury/sickness and discipline issues.
- Discipline issues may include being disrespectful to team mates, other players, coaches, parents or referees. When a child is disciplined, his/her parents should be informed of this. All discipline should be progressive and should be in proportion to the “wrong” that was done. (I.e. if a child was disrespectful to a referee, the coach may decide to bench him for a shift. If the player does it a second time, the benching may be for a couple of shifts). Each time this occurs the coach MUST explain to the child the reason for the punishment and that this sort of behaviour will not be tolerated.
- Tell the parents that they will need to bring their children to the games at least 15 minutes BEFORE game time. This is necessary so that the players warm up properly and receive instructions. It will also give the coach time to properly prepare the game sheet.
- Parents MUST attend ALL of their children’s games and practices! The coach is NOT a baby-sitter. Your child will know if mom brings them to the game 5 minutes before it starts and then races back 5 minutes after it is over. These young people have a relatively short playing career. Be there for THEM! Of course there are some occasions where a parent has no choice but to leave (other children in soccer, etc.). If a parent MUST leave for a while, they MUST inform the coach and manager that they have to leave and they MUST inform the coach and manager when they will return.
- Provide the parents with a list of parents/players names, addresses and phone numbers (make sure that no one has any objections to this). If they need someone to give their child a ride, they should phone someone that resides close to them. They should NOT always call you! They should also not always rely on the same person for a “ride”. Encourage them to ask other people that live close to them.
- Due to infectious diseases like spinal meningitis, and even colds and flu’s, advise the parents that players should have their OWN water bottle (an empty “Power Aid” bottle will suffice). Each water bottle should be clearly marked with the player’s name!

- Explain to the parents that Beaumont Soccer conducts security checks on its entire coaching staff. Beaumont Soccer is doing everything it can to screen out any sex offenders or child abusers.
- Ask the parents to ensure that their child does not bring or wear jewellery of any kind to the games. Piercings, necklaces, etc. should be left at home or with the parent.
- Ask the parents to be positive role models. They should cheer, not jeer. They should NEVER yell at Coaches, Referees or other players. Tell them that YOU are responsible for not only the players on the team, but also the parents. Tell them that if they cannot behave themselves on the sidelines, you may have to ask them to leave – in order to cool down. Tell them that Beaumont Soccer WILL support you on this issue!
- Advise the parents that if a player gets hurt during a game, they should NOT immediately scream at a Referee if he/she does NOT immediately blow the whistle. The Referee is not supposed to do this! Often such incidents involve a minor injury (two players jostle for the ball and one player goes down). The Referee is *supposed* to allow the play to continue – especially if the ball is played to a team mate of the injured player. The Referee may call, “Advantage – Play on!” If the Referee were to blow the whistle immediately, the advantage would be lost. Having said this, if there was a foul, the referee should blow the whistle immediately - not because of the injury, but because of the foul. Remember, it is the Referee’s discretion as to whether a foul occurred, NOT the parents or coaches. If the injury is clearly and obviously serious in nature (and the vast majority are NOT) the Referee can and should blow the whistle and stop play.
- In the case where the injury is NOT serious, but the player is down and “hurting”, proper soccer etiquette is for the opposing team to kick the ball out of play at the next earliest opportunity. A “restart” then occurs by the team with the injured player. In keeping with the etiquette, the player making the throw-in then throws the ball to the opposing team. It is important for all coaches and player to know this so they DON’T scream at a Referee who is only doing what he/she is supposed to do! Advise the parents that you will need one of them to act as a “Bench Parent” or “Referee Liaison” for each game. It doesn’t have to be the same parent for each game. Make sure that both parents know what their responsibilities are before EACH game! ALL teams must have at least one adult who is the same gender as the players. For example, if the coach, Assistant Coach and Manager of a GIRLS team are all male, then they must include a fourth person – one of the parents, to have as a “Bench mom” who would be present on the bench at all games. The same, in reverse, applies to the BOYS team that requires a “Bench Dad”.

2018 Outdoor Season Start Date

The tentative start date for all age categories is April 30th 2018.

We plan for each team to play 14-16 games this season.

Refunds and Withdrawals

There will be NO refunds on or after April 30th, 2018. A \$50 administration fee will be deducted from all refunds until that time. NSF fees are nonrefundable. Refunds may no longer be available due to the timing of the withdrawal.

Players may withdraw at any time. A form can be found on the website. To request a refund, parents/guardians must notify BSA in writing, either by regular mail, office delivery or via email to admin@beaumontsoccer.com. Messages cannot be relayed through coaches. It is also the parents' responsibility to ensure that all jerseys are returned to BSA. or their jersey deposit will be cashed.

Pictures

BSA includes pictures with the registration fees. There will be a schedule forwarded to the Team Manager once the season starts. Picture day is normally mid May. Schedules for this will be out shortly and added directly to TeamSnap.

Additional Costs

Please be advised that, in addition to registration fees, coaches may request additional fees to pay for tournament entry costs, practice space (i.e. Centre Time), or other various team expenses.

Vulnerable Sector Check Forms

Each year BSA requires an RCMP Vulnerable Sector Check from all Team Officials who are in regular contact with our players. This means all coaches, assistant coaches and team managers. BSA conducts these record checks at no cost to our volunteers. You just need to fill them in and drop them off at the Beaumont RCMP office. BSA will need to see the form, but it is yours to keep and can be used for other volunteer positions. These VSCs are valid for a period of two(2) years or less in the event of an updated situation.

Age Categories and Game Format

Age Group	Format	Game Locations *	Practice Length	Game Length	Game Format
U9	Two weekly games and one practice	Home games-Beaumont Away games-Mill Woods	1hr (up to coach)	2x30min	7 vs 7 (including goalkeeper)
U11	Two weekly games and one practice	Home games-Beaumont Away games-Mill woods and South east Edmonton	1hr (up to coach)	2x35min	8 vs 8 (including goalkeeper)
U13	Two weekly games and one practice	Home games-Beaumont Away games-Anywhere south of the river in Edmonton.	1hr (u to coach)	2x40min	11 vs 11 (including keeper)
U15 & up	Two weekly games and one practice	Home games-Beaumont Away games-Anywhere south of the river in Edmonton.	1hr (up to coach)	2x45min	11 vs 11 (including keeper)

* Sometime a Home game may be played in Edmonton.

Field Closures

Field closures will be posted on the BSA website for games played in Beaumont. The City of Edmonton posts field closure information on their website.

<http://www.beaumontsoccer.com/resources/field-locations/>

Lightning and BSA Cancellation Policy

As you may know, the Town of Beaumont occasionally closes access to some or all its fields. When that happens you must not go on these fields. If caught on them by City representatives, YOU will likely be fined \$250 and will have to cover the cost yourself. Otherwise, as long as the fields are open you have to go to the field and play your game.

When at the field, you MUST suspend (or possibly terminate) your game for lightning as it is required you stop playing for a time, not that you must end the game. In case of actual or the threat of lightning, Canada Soccer Association (CSA) directs that:

Before the game - If lightning is sighted within 6 miles (i.e., 30 seconds between lightning and thunder) delay game start until 30 minutes after last lightning strike.

After game start – If the time between the lightening and its thunder is LESS than 30 seconds suspend the game for 30 minutes after the last lightning strike.

If the “**30-30 Rule**” (see bullets below) applies, cancel and reschedule the game as per rain out procedure (if available), listed at the bottom of your game schedule.

Take shelter when you count **30 seconds or less** between lightning and thunder.

Remain sheltered **for 30 minutes** after the last thunder.

Notes: Games are considered finished and results are final if 75% of game is completed.

Minimum official time required for game to be considered complete:

U9 - 45min

U11 - 52.5min

U13 - 60min

U15 & Up - 67.5min

If Outdoors when lightning strikes:

Keep a safe distance from tall objects, such as trees, hilltops, and telephone poles.

Avoid projecting above the surrounding landscape. Seek shelter in low-lying areas such as valleys, ditches and depressions but be aware of flooding.

Stay away from water. Don't go boating or swimming if a storm threatens and land as quickly as possible if you are on the water. Lightning can strike the water and travel some distance from its point of contact. Don't stand in puddles even if wearing rubber boots.

Stay away from objects that conduct electricity (e.g., metal stands or fences, bicycles)

Avoid being the highest point in an open area. Swinging a golf club or holding an umbrella could make you a lightning target. Remove shoes with metal cleats.

You are safe inside a car, but don't park near or under trees or other tall objects which may topple over during a storm. Be aware of downed power lines which may be touching your car. You are safe inside the car, but may receive a shock if you step outside.

In a forest, seek shelter in a low-lying area under a thick growth of small trees or bushes.

Keep alert for flash floods, sometimes caused by heavy rainfall, if seeking shelter in a ditch or low-lying area.

If on a level field far from shelter and you feel your hair stand on end, lightning may be about to hit you. Kneel on the ground immediately, with feet together, place your hands on your knees and bend forward. Don't lie flat.

If you are in a group in the open, spread out, keeping people several yards apart.

Note: Persons struck by lightning receive an electrical shock. They do not carry an electrical charge and can be safely handled. They may be suffering from burns or shock and should receive medical attention immediately. If their breathing stopped, mouth-to-mouth resuscitation should be administered. If breathing *or* pulse are absent, cardio-pulmonary resuscitation is required. Immediately 30 chest compressions to 2 breaths, repeated until breathing and pulse is restored.

Practices

Players should arrive at least 15 minutes prior to the start of all games and practices. This allows the coaches time to give instructions to the players prior to the game or practice. Parents should stay for all practices and games so that they could enjoy observing their child's activities and be present should they are needed by the child or coach. ***The Coach is NOT a babysitter*** and will not automatically assume the task of transporting your child to/from fields, or caring for your child beyond practice or game time. If you need help work something out with another parent.

Bench Requirement

ALL teams must have at least one adult that is of the same gender as the players. For example, if the Coach, Assistant Coach and Manager of a GIRLS team are all male, then they must include a fourth person - one of the parents, to be a "Bench Mom" and present on the bench. This is required for all games. The same, in reverse, applies to the BOYS team that requires a "Bench Dad".

Uniforms

In these age groups, children are issued 2 (two) jerseys to use throughout the season, one white and one blue. A deposit cheque of \$200, must be given to BSA via Team Managers before receiving the jerseys. This cheque will be returned when the jersey has been returned in wearable condition back to your coach at the end of the season. Because of the rule regarding matching shorts and socks, all players are to wear black shorts and socks provided by BSA. Shin pads are mandatory for all players. Players without shin pads will not be permitted to play. All players should have their own labeled water bottle. Cleats are recommended in these age groups. Players are not permitted to wear pants during a soccer game unless the referee of that game allows it.

Jewellery

Jewellery (Piercings, Necklaces, etc.) is NOT allowed when playing soccer.

FIFA (Federation Internationale de Football Association – the world governing body for soccer) and the CSA are clear in this regard. A player cannot wear something that can hurt themselves or anyone else on the field, i.e. jewellery.

Medical-Alert jewellery or clothing required by player's religion may be worn only if the referee deems it safe and does not give the player an unfair advantage. Medical-Alert jewellery can normally be made safe by wrapping it with tape, with the necessary information showing. Tape cannot be used to over piercings.

Although there is a referee for these age groups, the coaches should ensure the safety of their players by reminding the players to remove any jewellery. Do not remove the jewellery yourself, ask the child to remove it or have the parent remove it.

Eye Glasses

Eye glasses are allowed ONLY if they are prescription and ONLY if they are made of plastic and are non-shattering lenses. Sunglasses are NOT permitted unless they are prescription lenses. Sport glasses and sport glass covers are permitted.

Head Covering "Hijab"

The wearing of sports type hijab will be permitted upon a satisfactory pre-game inspection by the referee, as mandated by FIFA rule four, which states all items of clothing or equipment other than the basic equipment must be inspected by the referee and determined to be safe.

- The wearing of other forms of the hijab will also be permitted at the discretion of the referee, but only after a pre-game determination that the hijab does not pose a danger to the wearer or any other player.
- The objective in developing clear guidelines and communicating same is to ensure continuity of implementation across the province.

Casts/Splints/Athletic Braces

Hard casts (plaster) are NOT permitted – even if padded.

Soft Casts – if adequately padded will be allowed if the Referee approves it.

Braces are permitted – but if it is a hard brace or has edges – it must be padded.

If a player has a cast or brace to intimidate or with intent to injure – they will be cautioned and sent off the field.

Technical Training

Beaumont Soccer Association has a technical director that will be visiting the various teams to work with the coaches and the players to assist in the development of the BSA program. The technical director can be reached at 2vp@beaumontsoccer.com to schedule sessions or to respond to questions.

Rules of the Game

Coaches are responsible for the conduct of their spectators.

Complete Rules for outdoor soccer can be found on the following websites:

Beaumont Soccer Association - <http://www.beaumontsoccer.com/resources/laws-of-soccer/>

Edmonton Minor Soccer Association – www.edmontonsoccer.com

Alberta Soccer Association -- www.albertasoccer.com

Dispute Resolution

In case of disputes between you and your child's parents or other team officials please handle them with dignity and serve as a good role model to your players and others. If your effort to correct the situation directly with the parents or team officials fails, please relay your concern to the BSA executive.

Coaches Code of Conduct

- Head Coaches in BSA are fully responsible for all activities of their team. They shall demonstrate leadership, commitment, compassion, and fairness when interacting with their team's players and their parents/guardians.
- All BSA coaches (Coaches, Assistant Coaches, and Team Managers) are representatives and agents of BSA. They shall demonstrate respect to its values and expectations, despite
 - Their interests/involvement in a specific BSA team;
 - Any personal interest as an individual consumer of BSA services;
 - Like or dislike they may have for Board members, coaches or volunteers
- BSA coaches are trustees of public confidence. They need to serve as role models for the youth under their care, to develop soccer skills, good sportsmanship, leadership, teamwork, and fair play.
- BSA coaches should avoid actual or the perception of conflict of interest. They shall not use their position or role to gain advantage for their child (or another player on the team), or gain financially from the team's resources.
- Coaches may speak for their team, but not for BSA.
- Coaches must demonstrate respect for and adherence to the rules of soccer, assigned referees, and related BSA Policies and Procedures.
- Coaches must strive to extend each of their players to his/her full potential, and play hard towards the highest possible reach of their team. However, coaches should never forget that in the end Soccer is only a game.

Player's Code of Conduct

- Do your best! Your behavior reflects on you, your team, your coach, BSA, and the sport of Soccer. Your behavior impacts all of these.
- Be a good sport
- Play hard, but play fair
- Play strong but have compassion for those who lose the game
- Play to win but remember that "winning" is doing your best against all odds
- Be respectful
 - Of people (i.e., of coaches, your teammates, other players, and referees)
 - Of rules (i.e., the rules of soccer and their application by referees)
 - Of existing policies and procedures (i.e., BSA, EMSA, ASA)
- Support your team
- Participate in practices and drills. They are important for skill and team development
- Work with the coaches to improve your and the team's skills
- Be a team player, not a lone hero

- Play safe! Ensure that your equipment and how you play the game are safe for you and all other players in the game.
- Enjoy Soccer fully, but remember that in the end Soccer is only a game.

Parent's Code of Conduct

Your child's coach is a volunteer giving up valuable personal time to guide your child's recreational activity. The Coach is NOT a babysitter and will not automatically assume the task of transporting your child to/from fields, or caring for your child beyond practice/game time.

Please help the Coach to better meet your child's needs:

- Avoid being a sideline coach. It confuses the players and frustrates coaches.
- Respect the coach's position as the team leader by not undermining his/her instructions to players.
- Support your child. Give praise not only for scoring, but also for doing his/her best and contributing to the team
- Treat the coach with respect.
- Help your child's team and BSA whenever and wherever you can. Your support and much needed assistance make the difference between a rewarding, productive season and a mediocre, frustrating one.
- Alert, as early as possible, your child's coach or team official of your concerns
- Accept responsibility for your child's behavior at all team activities.

In case of disputes between you and your child's coach or other team officials, handle them with dignity. (You are a role model to your child and others.) If your effort to correct the situation directly with the coach or team officials fails, please contact the BSA executive.

As a last resort, feel free to contact the BSA President, VP, or 2nd VP. I agree to abide by the principles of this code as approved and supported by the BSA to the best of my abilities.

Guidelines for Fundraising/Sponsorship

- No Teams may use "Beaumont Soccer" on any bank accounts.
- All raffles require an ALGC License. The office must receive a copy of this license for our records.

Guidelines:

- Donations, contributions, etc. will not be accepted from companies that may deter from youth organization (i.e. Tobacco, liquor, energy drinks, etc.).
- Beaumont Soccer requests to see a sample of any tracksuit, hats, etc. to maintain the Associations integrity.
- Teams may not change standard uniforms however, the addition of matching shorts and socks is acceptable. All teams in Beaumont are equal and are equipped in such a manner. No teams in Beaumont community soccer are to become “elite” teams
- Due to exclusive sponsorships for certain age groups, Beaumont Soccer Association must approve any Private sponsorship crests. Please contact the office for further details.

Dog Policy

Dogs are not permitted to accompany their owners when their owners are viewing their child’s soccer game on a town field, even if leashed.

Smoking and Alcohol

BSA is concerned about the health of our youth and young players. Smoking/vaping and the consumption of alcoholic beverages is not permitted around the soccer field. Those wishing to smoke/vape are asked to be considerate and smoke/vape in areas downwind from the field and at least 50 meters from where the players are, or the edge of the field.