

2018 Outdoor Season



U5 – U7 Coaches Information Handout

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Presidents Welcome Message

On behalf of the Beaumont Soccer Association (BSA) Board and Staff, I would like to welcome you to the 2018 Outdoor Soccer Season.

BSA exists to promote, develop and govern the soccer program in Beaumont. We strive to provide for all children and youth in Beaumont the opportunity to enjoy the “beautiful game.” We endeavor to develop all our players, regardless of initial skill, to their full potential as soccer players, encouraging the values of good sportsmanship and of course having fun.

Our Board members are committed to improving our programs so they are more enjoyable for our Players, Coaches and Parents. We are also determined to better manage these programs by increasing efficiencies and accountability to you.

BSA is a community volunteer driven organization. This means with a few exceptions, our program is organized and run by a group dedicated volunteers from Beaumont. We appreciate all our volunteers from Coaches and Managers working directly with the teams to the Board Members working to improve the program and the countless volunteers that help with registration, pre-season camps, inventory, tournaments, equipment, evaluations, and so much more. All these people contribute hundreds of volunteer hours each year to ensure our youth have the opportunity to play soccer. Please show them respect and gratitude, for without these generous volunteers, we would not be able to offer this program. Also, if you are not already involved, please consider volunteering some of your time to make your and all our children’s soccer experience a great one!

We welcome your comments, concerns or suggestions at any time, and if there is a problem, please contact us sooner rather than later, so that we might be able to help you. Feel free to relate them to BSA office at (admin@beaumontsoccer.com). For more information, I invite you to visit our website at www.beaumontsoccer.com.

I hope you have a fantastic season!

Martin Carnegie
BSA – President

Coaches Checklist

- Pick up Equipment Monday April 30th at the storage locker at KNRRC. (south parking lot 2nd set of red doors)
- **Please read this entire handout**
- Contact my players to introduce myself before season start or set up mini practice
- Have a parent meeting. Meet with parents and players to review rules and expectations, etc...

Equipment – U5 to U7

- Older soccer balls sometimes leak air. To re-inflate soccer balls, use a moist valve needle and re-inflate to the appropriate pressure, as listed below.
#3 balls – 4-6lbs
- Please check all of your equipment before your 1st game or practice so you are not stranded at the field
- Valve needles are provided with your equipment.
- Return all of your equipment, including flat or damaged balls, on the scheduled equipment return at the end of June. You will receive an email with the exact dates.
- A good turn out on scheduled date means less work for everyone involved.
- If you require a replacement ball due to damage, contact the Equipment Director at equipdir@beaumontsoccer.com.

Helpful Hints for a Successful Parents Meeting

When you receive your team list via TeamSnap, you should contact (call or email) each parent within the next few days and introduce yourself and let them know the start date for the season. Please remember to give them YOUR telephone number. The next important step (after picking up your equipment) is to hold a parents' meeting, and that is when you can hand out the player's jerseys, that they get to keep after the season is over(U5). U7 will receive the Timbits jersey which is for the players to keep at the end of the season.

Shorts and socks will also be issued so please remind families that they get to keep these after the season is over!

One of the easiest ways to do this is to hold the parents meeting during the very first 'get-together' at a field/park. Introduce yourself to your new players and then throw them a soccer ball and let them play while you meet with the parents. This would be a good place to use your assistant coach to run the "practice".

Here are some suggested to points to be covered:

- Introduce yourself. Tell them about your coaching experience and a little about your life – job, family, etc.
- The Team Manager is the ‘go-between’ in the event that someone had trouble speaking with a coach. Team Snap is an easy way to communicate to the Manager.
- Explain the BSA policy of playing each child equally. This does not mean that you will have a stop watch and time this to the second. But every effort should be made to play the children equally, and that while winning is important, it is not the primary goal. Advise the parents that your goal as a coach is to have the players improve their soccer skills while having fun. The ONLY exceptions to this are injury/sickness and discipline issues.
- Discipline issues may include being disrespectful to team mates, other players, coaches, parents or referees. When a child is disciplined, his/her parents should be informed of this. All discipline should be progressive and should be in proportion to the “wrong” that was done. (I.e. if a child was disrespectful to a referee, the coach may decide to bench him for a shift. If the player does it a second time, the benching may be for a couple of shifts). Each time this occurs the coach MUST explain to the child the reason for the punishment and that this sort of behaviour will not be tolerated.
- Tell the parents that they will need to bring their children to the games at least 15 minutes BEFORE game time. This is necessary so that the players warm up properly and receive instructions
- Parents MUST attend ALL of their children’s games and practices! The coach is NOT a baby-sitter. Your child will know if mom brings them to the game 5 minutes before it starts and then races back 5 minutes after it is over. These young people have a relatively short playing career. Be there for THEM! Of course, there are some occasions where a parent has no choice but to leave (other children in soccer, etc.). If a parent MUST leave for a while, they MUST inform the coach and manager that they have to leave and they MUST inform the coach and manager when they will return.
- Use Team Snap if parents need someone to give their child a ride.
- Due to infectious diseases like spinal meningitis, and even colds and flu’s, advise the parents that players should have their OWN water bottle (an empty “Power Aid” bottle will suffice). Each water bottle should be clearly marked with the player’s name!
- Ask the parents to ensure that their child does not bring or wear jewellery of any kind to the games. Earrings, necklaces, etc. should be left at home or with the parent.
- Ask the parents to be positive role models. They should cheer, not jeer. They should NEVER yell at Coaches or other players. Tell them that YOU are responsible for not only the players on the team, but also the parents.

Tell them that if they cannot behave themselves on the sidelines, you may have to ask them to leave – in order to cool down. Tell them that Beaumont Soccer WILL support you on this issue!

Outdoor Season Start Date

The tentative start date for all age categories is Apr 30th, and runs through to the end of June.

EMSA U7 Timbits Tournament

June 16th 2018 and ALL U7 teams are registered.

Refunds and Withdrawals

There will be NO refunds after April 30th, 2018. A \$50 administration fee will be deducted from all refunds until that time if after 04 March 2018. NSF fees are nonrefundable. Refunds may no longer be available due to the timing of the withdrawal.

Players may withdraw at any time. A form can be found on the website. To request a refund, parents/guardians must notify BSA in writing, either by regular mail, office delivery or via email to admin@beaumontsoccer.com. Messages cannot be relayed through coaches.

Pictures

BSA includes pictures with the registration fees. There will be a schedule forwarded to the Team Manager once the season starts. Schedules for this will be, or have been already added directly to TeamSnap.

Security Clearance Forms

Each season BSA requires an RCMP Vulnerable Sector Check from all volunteers who are in regular contact with our players. This means all coaches, assistant coaches and team managers. BSA conducts these record checks at no cost to our volunteers. You just need to fill them in and drop them off at the Beaumont RCMP office. BSA will need to see the form, but it is yours to keep and can be used for other volunteer positions. These VSCs are valid for a period of 2 years and are transferrable between different sports.

Age Categories and Game Format

Age Group	Format	Practice Length	Game Length	Game Format
U5	15 min drills and fun games, parental involvement sometimes required 5 minute break: switch half players with other team 40 minute game	15	2 x 20min	3 vs 3 (No Goalkeeper) for a few minutes, then switch all players, repeat. Playing in a diamond formation. They may not hold that formation but at least start in that formation. Refer to the Long Term Player Development Guidelines for more information LTPD
U7	one game weekly and one practice	1hr	2 x25min	5 vs 5 (including goalkeeper)

Practices

Players should arrive at least 15 minutes prior to the start of all games and practices. This allows the coaches time to give instructions to the players prior to the game or practice. Parents should stay for all practices and games so that they could enjoy observing their child's activities and be present if they are needed by the child or coach.

The Coach is NOT a babysitter and will not automatically assume the task of transporting your child to/from fields, or caring for your child beyond practice or game time.

Uniforms

Children in the age category (U5) are given a jersey by BSA and are allowed to keep it. U7 have given a jersey deposit and will need to return the Jersey at the end of the season. U7 players will receive to keep black shorts and black socks and a Practice Jersey. **Shin pads are mandatory for all players.** Children without shin pads will not be allowed to participate in games or practices.

Shoes

Soccer Cleats are not to be used for play in U5. Running shoes for these age groups are perfectly acceptable. For U7 cleats offer better support than regular running shoes but runners are accepted. Also, if they plan to continue with soccer, they should start getting used to the feel and touch of a soccer shoe.

Jewellery

Jewellery (earrings, necklaces, etc.) are NOT allowed when playing soccer.

FIFA (Federation Internationale de Football Association – the world governing body for soccer) and the CSA are clear in this regard. A player cannot wear something that can hurt themselves or anyone else on the field, i.e. jewellery.

Since there is no referee for these age groups, it is up to the coaches to ensure the safety of their players. Do not remove the jewellery yourself, ask the child to get their parents to remove it, or ask the parents to remove it.

Eye Glasses

Eye glasses are allowed ONLY if they are prescription and ONLY if they are made of plastic and are non-shattering lenses. Sunglasses are NOT permitted unless they are prescription lenses. Sport glasses and sport glass covers are permitted.

Head Covering "Hijab"

The wearing of sports type hijab will be permitted upon a satisfactory pre-game inspection by the referee, as mandated by FIFA rule four, which states all items of clothing or equipment other than the basic equipment must be inspected by the referee and determined to be safe.

Casts/Splints/Athletic Braces

Hard casts (plaster) are NOT permitted – even if padded.

Soft Casts – if adequately padded will be allowed if the Referee approves it.

Braces are permitted – but if it is a hard brace or has edges – it must be padded.

Technical Training

Beaumont Soccer Association has a technical director that will be visiting the various teams to work with the coaches and the players to assist in the development of the BSA program. The technical director can be reached through the 2nd Vice President at 2vp@BeaumontSoccer.com to schedule sessions or to ask any questions.

Rules of the Game

Coaches are responsible for the conduct of their spectators.

Complete Rules for indoor soccer can be found on the following websites:

Edmonton Minor Soccer Association – <http://emsamillwoods.com/coachref/rules-discipline/>

Alberta Soccer Association -- www.albertasoccer.com

Dispute Resolution

In case of disputes between you and your child's parents or other team officials please handle them with dignity and serve as a good role model to your players and others. If your effort to correct the situation directly with the parents or team officials fails, please relay your concern to the BSA executive.

Coaches Code of Conduct

- Head Coaches in BSA are fully responsible for all activities of their team. They shall demonstrate leadership, commitment, compassion, and fairness when interacting with their team's players and their parents/guardians.
- All BSA coaches (Coaches, Assistant Coaches, and Team Managers) are representatives and agents of BSA. They shall demonstrate respect to its values and expectations, despite
 - Their interests/involvement in a specific BSA team;
 - Any personal interest as an individual consumer of BSA services;
 - Like or dislike they may have for Board members, coaches or volunteers
- BSA coaches are trustees of public confidence. They need to serve as role models for the youth under their care, to develop soccer skills, good sportsmanship, leadership, teamwork, and fair play.
- BSA coaches should avoid actual or the perception of conflict of interest. They shall not use their position or role to gain advantage for their child (or another player on the team), or gain financially from the team's resources.
- Coaches may speak for their team, but not for BSA.
- Coaches must demonstrate respect for and adherence to the rules of soccer, assigned referees, and related BSA Policies and Procedures.
- Coaches must strive to extend each of their players to his/her full potential, and play hard towards the highest possible reach of their team. However, coaches should never forget that in the end Soccer is only a game.

Players Code of Conduct

- Do your best! Your behavior reflects on you, your team, your coach, BSA, and the sport of Soccer. Your behavior impacts all of these.

- Be a good sport
- Play hard, but play fair
- Play strong but have compassion for those who lose the game
- Play to win but remember that “winning” is doing your best against all odds
- Be respectful
 - Of people (i.e., of coaches, your teammates, other players, and referees)
 - Of rules (i.e., the rules of soccer and their application by referees)
 - Of existing policies and procedures (i.e., BSA, EMSA, ASA)
- Support your team
- Participate in practices and drills. They are important for skill and team development
- Work with the coaches to improve your and the team’s skills
- Be a team player, not a lone hero
- Play safe! Ensure that your equipment and how you play the game are safe for you and all other players in the game.
- Enjoy Soccer fully, but remember that in the end Soccer is only a game.

Parents Code of Conduct

Your child’s coach is a volunteer giving up valuable personal time to guide your child’s recreational activity. The Coach is NOT a babysitter and will not automatically assume the task of transporting your child to/from fields, or caring for your child beyond practice/game time.

Please help the Coach to better meet your child’s needs:

- Avoid being a sideline coach. It confuses the players and frustrates coaches.
- Respect the coach's position as the team leader by not undermining his/her instructions to players.
- Support your child. Give praise not only for scoring, but also for doing his/her best and contributing to the team
- Treat the coach with respect.
- Help your child's team and BSA whenever and wherever you can. Your support and much needed assistance make the difference between a rewarding, productive season and a mediocre, frustrating one.
- Alert, as early as possible, your child’s coach or team official of your concerns
- Accept responsibility for your child's behavior at all team activities.

In case of disputes between you and your child's coach or other team officials, handle them with dignity. (You are a role model to your child and others.) If your effort to correct the situation directly with the coach or team officials fails, please contact the BSA executive.

As a last resort, feel free to contact the BSA President, 1st VP, or 2nd VP. I agree to abide by the principles of this code as approved and supported by the BSA to the best of my abilities.

Guidelines for Fundraising/Sponsorship

- No Teams may use “Beaumont Soccer” on any bank accounts.
- All raffles require an ALGC License. The office must receive a copy of this license for our records.
- Donations, contributions, etc. will not be accepted from companies that may deter from youth organization (i.e. Tobacco, liquor, energy drinks, etc.).
- Beaumont Soccer requests to see a sample of any tracksuit, hats, etc. to maintain the Associations integrity.
- Teams may not change standard uniforms however, the addition of matching shorts and socks is acceptable. All teams in Beaumont are equal and are equipped in such a manner. No teams in Beaumont community soccer are to become “elite” teams
- Due to exclusive sponsorships for certain age groups, Beaumont Soccer Association must approve any Private sponsorship crests. Please contact the office for further details.

Dog Policy

Dogs are not permitted to accompany their owners when their owners are viewing their child’s soccer game on a town field, even if leashed.

Smoking/eCigarettes (Vaping) and Alcohol

BSA is concerned about the health of our youth and young players. Smoking is not permitted around the soccer field. Those wishing to smoke are asked to be considerate and smoke in areas downwind from the field and at least 50 meters from where the players are, or the edge of the field

Did we miss something?

We want to hear from you if you have any questions, comments or suggestions for improving the BSA soccer program, this information booklet or our website. If you like what we are doing, please let us know that too.

Please email your questions, comments and suggestions to admin@beaumontsoccer.com.

www.beaumontsoccer.com